Symmer Lynch Time Meny

School Name: Thringstone

week two

5th May 26th May 16th June 7th July 28th July 18th August 8th September 29th September 20th October 10th November 1st December 22nd December 12th January 9th February 2nd March 23rd March

Monday Tuesday Wednesday Thursday Fri

Cheese & Tomato Pizza (V) Vegan Option Available (VG)

Served with 1/2 Jacket Potato, Rice and Sweetcorn (V)

Chicken Stir Fry

Served with Noodles, Rice & Seasonal Vegetables

Roast Gammon and Gravy

Served with Roast Potatoes & Seasonal Vegetables

Farm Assured Pork Sausages & Gravy

Served with Cremy Mashed Potatoes & Seasonal Vegetabless

Battered Fish Fillet

Served with Chips, Peas, Baked Beans & Tomato Ketchup

Vegetarian Chilli (V) (VG)

Served with 1/2 Jacket Potato, or Rice and Sweetcorn

Macaroni Cheese & Garlic Bread (V)

Served with Seasonal Vegetables Roast Quorn Fillet, Stuffing and Gravy (V) (VG)

Served with Roast Potatoes & Seasonal Vegetabless

Quorn Sausage and Gravy (V) (VG)

Served with Creamy Mashed Potatoes & Seasonal Vegetables

Fishless Fingers (V) (VG)

Served with Chips, Peas, Baked Beans & Tomato Ketchup

Jacket Potato with Cheese (V), Beans (VG) or Tuna Mayonnaise

Served with Side Salad

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Served with Side Salad

Ham Sandwiches

Served with Side Salad

Tuna Wraps

Cheese Sandwiches
Served with Side Salad

Ham Wraps

- 1

Served with Side Salad

Served with Side Salad

Cheese Sandwiches









Menus are planned to comply with the current Government School Food Standards, we endeavour to serve food specified on the menu, however there are some circumstances when this is not possible. Dishes may change without prior notice. Please check your school's website for full details or contact the school office regarding the menu being offered at your specific school.



ASSORTED Breads SSS Baked daily by our school chefs





Iced Sponge & Sprinkles (V)
Coconut Biscuit (VG)

Strawberry Jelly with Chopped Fruit (VG) Butterscotch Tart (V)

Fresh Fruit Salad (VG)
Jambo Biscuit (V)

Flapjack (VG) Chocolate Mousse (V) Ice Cream Roll (V)
Viennese Biscuit (VG)