Symmer Lynch Time Meny

School Name: Thringstone

week one

28th April 19th May 9th June 30th June 21st July 11th August 1st September 22nd September 13th October 3rd November 24th November 15th December 5th January 26th January 2nd February 23rd February 16th March

Monday

Cheese & Tomato Pizza (V) Vegan Option available (VG)

Served with 1/2 Jacket Potato & Sweetcorn (V)

Stack & Stuff Tortilla with Beef Chilli

Served with Rice & Seasonal Vegetables Roast Chicken, Stuffing and Gravy

Served with Creamy Mashed Potatoes & Seasonal Vegetables

Sausage Roll

Served with Jacket Wedges & Baked Beans Oven Baked Fish Fingers Or Salmon Fish Fingers

Served with Chips, Peas, Baked Beans & Tomato Ketchup

Vegetable Pasta Bake (V) (VG)

Served with 1/2 Jacket Potato & Sweetcorn (V)

Stack & Stuff Tortilla with Roasted Vegetables (V) (VG)

Served with Rice & Seasonal Vegetables Roast Quorn Fillet, Stuffing and Gravy (V) (VG)

Served with Creamy Mashed Potatoes & Seasonal Vegetables

Cheese Flan (V)

Served with Jacket Wedges
& Baked Beans

Vegetable Fingers (V) (VG)

Served with Chips, Peas, Baked Beans & Tomato Ketchup

Jacket Potato with Cheese (V), Beans (VG) or Tuna Mavonnaise

Served with Side Salad

Jacket Potato with Cheese (V), Beans (VG) or Tuna Mayonnaise

Served with Side Salad

Served with Side Salad

, Jacket Potato with Cheese (V), Beans (VG) or Tuna Mayonnaise

Served with Side Salad

Jacket Potato with Cheese (V), Beans (VG) or Tuna Mayonnaise

Served with Side Salad

Jacket Potato with Cheese (V), Beans (VG) or Tuna Mayonnaise

Served with Side Salad

Ham Sandwiches

Served with Side Salad

Cheese Wraps

Ham Sandwiches

Served with Side Salad

Served with Side Salad

Tuna Wraps

Cheese Sandwiches

Served with Side Salad







Menus are planned to comply with the current Government School Food Standards, we endeavour to serve food specified on the menu, however there are some circumstances when this is not possible. Dishes may change without prior notice. Please check your school's website for full details or contact the school office regarding the menu being offered at your specific school.



ASSORTED Breads SSS Baked daily by our school chefs





Pear & Blueberry Cupcake (V) Chocolate Crispy (VG) Strawberry Jelly & Chopped Fruit (VG) Vanilla Cookie (VG)

Ice Cream Roll (V)
Oaty Biscuit (VG)

Marbled Sponge Cake (V) Flapjack (VG) Chocolate Haystacks (V) Shortbread Biscuit (VG)